Operation Guide 5475

CASIO®
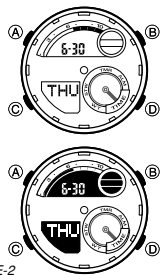
ENGLISH

Congratulations upon your selection of this CASIO watch.

About This Manual

- Depending on the model of your watch, display text appears either as dark figures on a light background, or light figures on a dark background. All examples in this manual are shown using dark figures on a light background.
- Button operations are indicated using the letters shown in the illustration.
- Note that the product illustrations in this manual are intended for reference only, and so the actual product may appear somewhat different than depicted by an illustration.

Things to check before using the watch

1. Check the Home City and the daylight saving time (DST) setting.

Use the procedure under "To configure Home City settings" (page E-14) to configure your Home City and daylight saving time settings.

Important!

Proper World Time Mode data depends on correct Home City, time, and date settings in the Timekeeping Mode. Make sure you configure these settings correctly.

2. Set the current time.

See "Configuring Current Time and Date Settings" (page E-17).

The watch is now ready for use.

Contents

Mode Reference Guide

The mode you should select depends on what you want to do.

To do this:	Enter this mode:	See:
• View the current date in the Home City • Configure Home City and daylight saving time (DST) settings • Configure time and date settings	Timekeeping Mode	E-12
View the current time in one of 48 cities (31 time zones) around the globe	World Time Mode	E-24
Use the stopwatch to measure elapsed time	Stopwatch Mode	E-29
Use the countdown timer	Countdown Timer Mode	E-32
• Set an alarm time • Turn the hourly time signal on or off	Alarm Mode	E-35

Selecting a Mode

- The illustration below shows which buttons you need to press to navigate between modes.

Stopwatch Mode

World Time Mode

Countdown Timer Mode

Alarm Mode

Timekeeping Mode
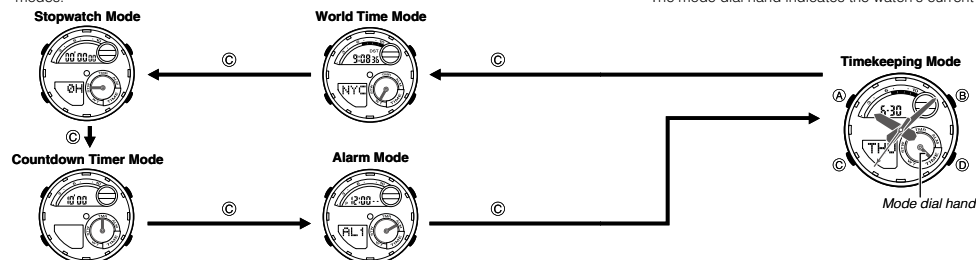
Mode dial hand

- To return to the Timekeeping Mode from any other mode, hold down C for about two seconds.
- The mode dial hand indicates the watch's current mode.

General Functions (All Modes)
The functions and operations described in this section can be used in all of the modes.

Direct Timekeeping Mode Access
• To enter the Timekeeping Mode from any other mode, hold down Ⓒ for about two seconds.

Auto Return Features
• The watch will automatically return to the Timekeeping Mode if you do not perform any button operation for a particular amount of time in each mode.

Mode Name	Approximate Elapsed Time
Alarm	3 minutes
Setting screen (digital setting flashing)	3 minutes

Initial Screens
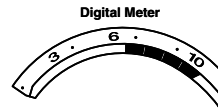When you enter the Alarm or World Time Mode, the data you were viewing when you last exited the mode appears first.

Scrolling
The Ⓓ and Ⓑ buttons are used on the setting screen to scroll through data on the display. In most cases, holding down these buttons during a scroll operation scrolls through the data at high speed.
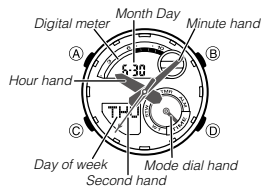
Digital Meter
• The digital meter indicates the seconds count in the Timekeeping Mode (page E-12), World Time Mode (page E-24), and Timer Mode (page E-32). In the Stopwatch Mode (page E-29) it indicates the 1/10-second count.
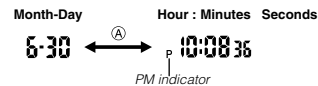
Digital Meter

■ Timekeeping

Use the Timekeeping Mode to set and view the current time and date.

Digital meter
Month Day
Minute hand
Hour hand
Day of week
Mode dial hand
Second hand

• Each press of Ⓐ in the Timekeeping Mode will change screen contents as shown below.

Month-Day   Hour : Minutes   Seconds

PM indicator

■ Configuring Home City Settings

There are two Home City settings: actually selecting the Home City and selecting either standard time or daylight saving time (DST).

City code
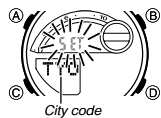
To configure Home City settings
1. In the Timekeeping Mode, hold down Ⓐ until **ADJ** appears in the lower display.
   • When you release Ⓐ (after **ADJ** appears), **SET** will be flashing in the upper display. This is the setting mode.
   • The watch will exit the setting mode automatically if you do not perform any operation for about two or three minutes.
2. Use Ⓓ (East) and Ⓑ (West) to scroll through the available city codes.
   • For details about city codes, see the "City Code Table" at the back of this manual.

DST indicator
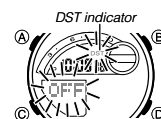
3. Press Ⓒ.
   • This will cause **DST** to appear in the upper display and the DST setting of the currently selected Home City to appear in the lower display.
4. Press Ⓓ to toggle the DST setting between daylight saving time (**ON**) and standard time (**OFF**).
   • Note that you cannot switch between standard time and daylight saving time (DST) while UTC is selected as your Home City.
5. After all of the settings are the way you want, press Ⓐ to exit the setting screen.
   • The **DST** indicator appears to indicate that daylight saving time is turned on.

Note
• After you specify a city code, the watch will use UTC* offsets in the World Time Mode to calculate the current time for other time zones based on the current time in your Home City.
   * Coordinated Universal Time, the world-wide scientific standard of timekeeping. The reference point for UTC is Greenwich, England.

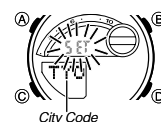
To change the daylight saving time (summer time) setting

1. In the Timekeeping Mode, hold down Ⓐ until **ADJ** appears in the lower display.
   • When you release Ⓐ (after **ADJ** appears), **SET** will be flashing in the upper display.
2. Press Ⓒ.
   • This will cause **DST** to appear in the upper display and the DST setting of the currently selected Home City to appear in the lower display.
3. Press Ⓓ to toggle the DST setting between daylight saving time (**ON**) and standard time (**OFF**).
4. After all of the settings are the way you want, press Ⓐ to exit the setting screen.
   • The **DST** indicator appears to indicate that daylight saving time is turned on.

Configuring Current Time and Date Settings

You can use the procedure below to adjust the Timekeeping Mode time and date settings if they are off.
Changing the digital Home City data should cause the analog time setting to change accordingly. If the analog time does not indicate the digital time, check the home positions of the hands and make adjustments if necessary (page E-21).

To change the current time and date settings

City Code

1. In the Timekeeping Mode, hold down Ⓐ until **ADJ** appears in the lower display.
   • When you release Ⓐ (after **ADJ** appears), **SET** will be flashing in the upper display.

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2. Press Ⓒ to move the flashing in the sequence shown below to select the other settings.

City Code (page E-14) → DST (page E-16) → 12/24-Hour Format → Seconds → Hour → Minutes → Year → Month → Day → Button Operation Tone On/Off (page E-44) → Illumination Duration (page E-40)
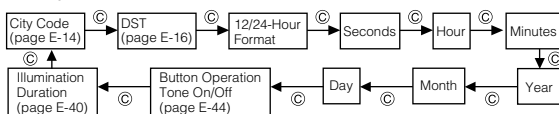
3. When the timekeeping setting you want to change is flashing, use Ⓓ and/or Ⓑ to change it as described below.

Screen	To do this:	Do this:
TYO : TOKYO	Change the city code	See page E-14.
OFF DST	Toggle between daylight saving time (**ON**) and standard time (**OFF**).	See page E-14.
12H	Toggle between 12-hour (**12H**) and 24-hour (**24H**) timekeeping.	Press Ⓓ.
36	Reset the seconds to **00** (If the current seconds count is between 30 and 59, one is added to the minute count.)	Press Ⓓ.
P 10:08	Change the hour or minutes	Use Ⓓ (+) and Ⓑ (–).
2016 6-30	Change the year, month, or day	

4. After all of the settings are the way you want, press Ⓐ to exit the setting screen.

Note
- For information about selecting a Home City and configuring the DST setting, see "Configuring Home City Settings" (page E-14).
- While the 12-hour format is selected for timekeeping, a **P** (PM) indicator will appear for times from noon to 11:59 p.m. No indicator appears for times from midnight to 11:59 a.m. With 24-hour format, time is displayed from 0:00 to 23:59, without any **P** (PM) indicator.
- The watch's built-in full automatic calendar makes allowances for different month lengths and leap years. Once you set the date, there should be no reason to change it except after you have the watch's battery replaced.
- The day of the week changes automatically when the date changes.
- Refer to the pages shown below for more information on Timekeeping Mode settings.
  - Button operation tone on/off: "To enable or disable the button operation tone" (page E-44)
  - Illumination duration setting: "To change the illumination duration" (page E-40)

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Hand Home Position Adjustment

Strong magnetism or impact can cause the hands of the watch to go out of alignment.
- Home position adjustment is not necessary when the analog time and digital time are the same time in the Timekeeping Mode.

To adjust home positions
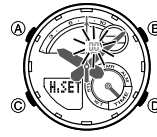
1. In the Timekeeping Mode, hold down Ⓐ and keep it depressed for about five seconds until **H.SET** appears on the lower display.
   - When you release Ⓐ after **H.SET** appears, the second hand will move to 12 o'clock. This indicates the second hand home position adjustment mode.
   - Though **ADJ** will appear in the lower display about two seconds after you hold down Ⓐ, do not release the button yet. Keep it depressed until **H.SET** appears.

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- Use the Ⓒ button to select a hand for adjustment. Each press of Ⓒ cycles in sequences from the second hand, to the hour and minute hands, and then the mode dial hand. Selecting a hand causes it to move to 12 o'clock and the content of the upper display changes as shown in the table below.

Upper display	Selected hand
Flashing **00**	Second hand
Flashing **0:00**	Hour and minute hands
Flashing **Sub**	Mode dial hand

- If the selected hand does not move exactly to 12 o'clock, perform step 2 below to adjust it.
- The watch will return to regular timekeeping automatically if you do not perform any operation for about two or three minutes. Any changes you have made to settings up to that point will be saved.

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2. Use Ⓓ (+) and Ⓑ (−) to adjust the position of the currently selected hand.
   - Holding down either button will cause the hand to move at high speed. Once started, high-speed hand movement will continue even if you release the button. To stop high-speed hand movement, press any button.
   - The second hand and mode dial hand will automatically stop high-speed movement after they complete one revolution. The minute hand will stop automatically after 12 revolutions.

3. Press Ⓐ to exit home position correction and return to regular timekeeping.

Note
After performing home position adjustment, enter the Timekeeping Mode and check to make sure that the analog hands and the upper display indicate the same time. If they do not, perform home position adjustment again.

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Checking the Current Time in a Different Time Zone

You can use the World Time Mode to view the current time in one of 31 time zones (48 cities) around the globe. The city that is currently selected in the World Time Mode is called the "World Time City".
- You also can swap the current World Time City and Home Time City in the World Time Mode (page E-27).

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Current time in the currently selected World Time City

*Currently selected World Time City*

To enter the World Time Mode
Use Ⓒ to select the World Time Mode as shown on page E-8.
- The mode dial hand will point to **WT**, and the current city code and city name will scroll across the lower display. After that, the city code will remain shown in the lower display. You can scroll the city code and city name again by pressing Ⓐ.
- The hour, minute, and second hands will indicate the current Timekeeping Mode time.

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To configure World Time City and summer time settings
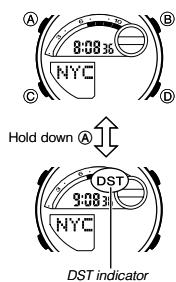
1. In the World Time Mode, use Ⓓ (East) to scroll through city codes.
   - For details about city codes, see the "City Code Table" at the back of this manual.
   - Pressing down Ⓑ and Ⓓ at the same time will jump to the UTC city code.

2. To toggle between summer time (**DST** in the upper display) and standard time (**DST** not displayed), hold down Ⓐ.
   - Using the World Time Mode to change the DST setting of the city code that is selected as your Home City also will change the Timekeeping Mode time DST setting.
   - Note that you cannot switch between standard time/ daylight saving time (DST) while **UTC** is selected as the World Time City.

Hold down Ⓐ

DST indicator

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- Note that the standard time/daylight saving time (DST) setting affects only the currently selected time zone. Other time zones are not affected.

Swapping the Home City and World Time City
You can use the procedure below to swap your Home Time City with your World Time City. This function comes in handy for those who often travel between two different time zones.
- You need to configure starting Home City and World Time City settings before performing the procedure below.
  To configure Home City settings (page E-14)
  To configure World Time City and summer time settings (page E-26)

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To swap your Home Time and World Time Cities
Press Ⓐ and Ⓑ at the same time.
- This causes the Home City time (indicated by the main hour and minute hands) and the World Time City time (shown on the display) to be swapped with each other.

Home City [TYO] Time   *Home City [NYC] Time*

Ⓐ and Ⓑ

Current World Time City and Time   *New World Time City and Time*
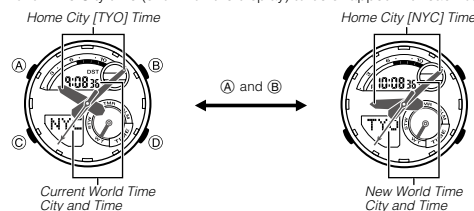
E-28

Using the Stopwatch

The stopwatch measures elapsed time, split times, and two finishes.

1/100 second
Seconds

Minutes
Hours
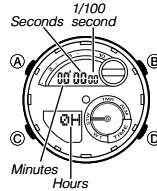
To enter the Stopwatch Mode
Use Ⓒ to select the Stopwatch Mode as shown on page E-8.
The mode dial hand will move to **STW**.

To perform an elapsed time operation

Ⓓ → Ⓓ → Ⓓ → Ⓓ → Ⓐ
Start   Stop (Resume) (Stop) Reset

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To pause at a split time

D → A → A → D → A

Start | **Split** (**SPL** appears in the lower display.) | **Split release** | **Stop** | **Reset**

To measure two finishes

D → A → D → A → A

Start | **Split** First runner finishes. (**SPL** appears in the lower display.) Display time of first runner | **Stop** Second runner finishes. | **Split release** Display time of second runner | **Reset**

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Note
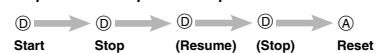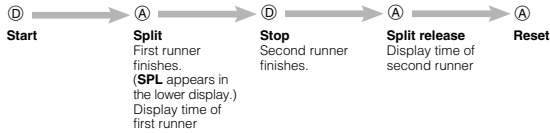• The Stopwatch Mode can indicate elapsed time up to 23 hours, 59 minutes, 59.99 seconds.
• Elapsed time returns to zero automatically and timing continues from there when the above elapsed time limit is reached.
• An ongoing elapsed time measurement operation will continue internally even if you change to another mode. However, if you exit the Stopwatch Mode while a split time is displayed, the split time will not be displayed when you return to the Stopwatch Mode.

E-31

Using the Countdown Timer

The countdown timer can be configured to start at a preset time and sound an alarm when the end of the countdown is reached.

Countdown time (Minutes, seconds)
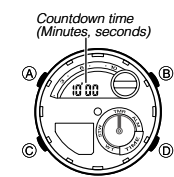
To enter the Countdown Timer Mode
Use Ⓒ to select the Countdown Timer Mode as shown on page E-8.
• The mode dial hand will move to **TMR** and the upper display will show the current countdown time.

To specify the countdown start time
1. Enter the Countdown Timer Mode.
   • If a countdown is in progress (indicated by the seconds counting down), press Ⓓ to stop it and then press Ⓐ to reset to the current countdown start time.

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• If a countdown is paused, press Ⓐ to reset to the current countdown start time.
2. Hold down Ⓐ until the minute setting of the current countdown start time starts to flash. This is the setting screen.
3. Use Ⓓ (+) and Ⓑ (–) to change the minute.
   • You can set a countdown start time from 1 to 60 minutes, in one-minute increments.
4. Press Ⓐ to exit the setting screen.

To perform a countdown timer operation

D → D → D → D → A

Start | **Stop** | **(Resume)** | **(Stop)** | **Reset**
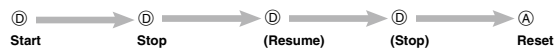
• Before starting a countdown timer operation, check to make sure that a countdown operation is not already in progress (indicated by the seconds counting down). If it is, press Ⓓ to stop it and then Ⓐ to reset to the countdown start time.
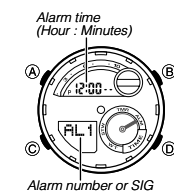
E-33

• An alarm sounds for 10 seconds when the end of the countdown is reached. This alarm will sound in all modes. The countdown time is reset to its starting value automatically after the alarm sounds.

To stop the alarm
Press any button.

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Using the Alarm

Alarm time (Hour : Minutes)

Alarm number or SIG

You can set five independent daily alarms. When an alarm is turned on, an alarm will sound for about 10 seconds each day when the time in the Timekeeping Mode reaches the preset alarm time. This is true even if the watch is not in the Timekeeping Mode. One of the daily alarms is a snooze alarm. The snooze alarm will sound every five minutes up to seven times or until it is turned off.
You can also turn on an Hourly Time Signal, which will cause the watch to beep twice every hour on the hour.

To enter the Alarm Mode
Use Ⓒ to select the Alarm Mode as shown on page E-8.
• The mode dial hand will move to **ALM**, the lower display will show the currently selected alarm number (**AL1** to **AL4**, or **SNZ**), or the hourly time signal indicator (**SIG**).

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• When you enter the Alarm Mode, the data you were viewing when you last exited the mode appears first.

To set an alarm time
1. In the Alarm Mode, use Ⓓ to scroll through the alarm screens in the lower display until the one you want to change is shown.

AL1 → AL2 → AL3
↑   ↓
SIG ← SNZ ← AL4

E-36
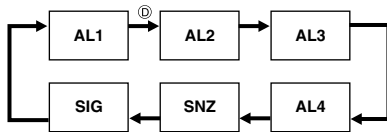
2. Hold down Ⓐ until the hour digits of the alarm setting start to flash in the upper display.
   • This is the setting screen.
3. Press Ⓒ to move the flashing between the hour and minute settings.
4. While a setting is flashing, use Ⓓ (+) and Ⓑ (–) to change it.
   • When setting the alarm time using the 12-hour format, take care to set the time correctly as a.m. (no indicator) or p.m. (**P** indicator).
5. Press Ⓐ to exit the setting screen.

Alarm ON/OFF indicator

To test the alarm
In the Alarm Mode, hold down Ⓓ to sound the alarm.

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To turn an alarm and the Hourly Time Signal on and off
1. In the Alarm Mode, use Ⓓ to select an alarm or the Hourly Time Signal.
2. When the alarm or the Hourly Time Signal you want is selected, press Ⓐ to turn it on (**on**) and off (**- -**).

Snooze alarm indicator
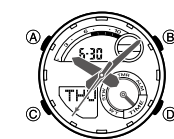Alarm on indicator

Hourly time signal on indicator
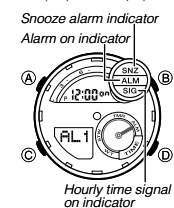
• The alarm on indicator (when any alarm is on), snooze alarm indicator (when the snooze alarm is on), and the Hourly Time Signal on indicator (when the Hourly Time Signal is on) are shown on the upper display in all modes.

To stop the alarm
Press any button.

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Illumination

The display of the watch is illuminated for easy reading in the dark. The auto light turns on illumination automatically when you angle the watch towards your face.
• Auto light must be enabled (page E-42) for it to operate.

To illuminate the display manually
Press Ⓑ in any mode (except when a flashing setting screen is displayed) to illuminate the display.
• You can use the procedure below to select either 1.5 seconds or three seconds as the illumination duration. When you press Ⓑ, the display will remain illuminated for about 1.5 seconds or three seconds, depending on the current illumination duration setting.
• The above operation illuminates the display regardless of whether auto light is enabled or disabled.

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To change the illumination duration
1. In the Timekeeping Mode, hold down Ⓐ until **ADJ** appears in the lower display.
   • When you release Ⓐ (after **ADJ** appears), **SET** will be flashing in the upper display.
2. Use Ⓒ to cycle through the settings on the lower display until the current illumination duration (**LT1** or **LT3**) is shown.
   • See the sequence in step 2 of the procedure under "To change the current time and date settings" (page E-17) for information about how to scroll through setting screens.
3. Press Ⓓ to toggle the illumination duration between three seconds (**LT3** displayed) and 1.5 seconds (**LT1** displayed).
4. After all of the settings are the way you want, press Ⓐ to exit the setting screen.

About auto light
While auto light is enabled, illumination will turn on whenever you position your wrist as described below in any mode.
Moving the watch to a position that is parallel to the ground and then tilting it towards you more than 40 degrees causes illumination to turn on.

Warning!
• **Always make sure you are in a safe place whenever you are reading the display of the watch using auto light. Be especially careful when running or engaged in any other activity that can result in accident or injury. Also take care that sudden illumination by auto light does not startle or distract others around you.**
• **When you are wearing the watch, make sure that auto light is disabled before riding on a bicycle or operating a motorcycle or any other motor vehicle. Sudden and unintended operation of auto light can create a distraction, which can result in a traffic accident and serious personal injury.**

More than 40°

Wear the watch on the outside of your wrist

To enable or disable auto light

Auto light enabled indicator

In the Timekeeping Mode, hold down Ⓑ for about three seconds to toggle auto light between enabled (**LT** shown on the lower display) and disabled (**LT** not displayed).
• The auto light enabled indicator (**LT**) is on the lower display in all modes while auto light is enabled.
• Auto light remains enabled for about six hours. After that it becomes disabled automatically.
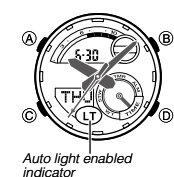
Illumination Precautions
• Illumination may be hard to see when viewed under direct sunlight.
• Illumination turns off automatically whenever an alarm sounds.
• Frequent use of illumination runs down the battery.

Auto light precautions

• Illumination may not turn on if the face of the watch is more than 15 degrees above or below parallel. Make sure that the back of your hand is parallel to the ground.
• Illumination turns off after the preset illumination duration (page E-40), even if you keep the watch pointed towards your face.
• Static electricity or magnetic force can interfere with proper operation of auto light. If illumination does not turn on, try moving the watch back to the starting position (parallel with the ground) and then tilt it back towards your face again. If this does not work, drop your arm all the way down so it hangs at your side, and then bring it back up again.
• You may notice a very faint clicking sound coming from the watch when it is shaken back and forth. This sound is caused by mechanical operation of auto light, and does not indicate a problem with the watch.
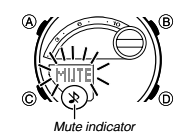

▪ Button Operation Tone

When enabled, the button operation tone sounds any time you press one of the watch's buttons. You can enable or disable the button operation tone as desired.
• Even if you disable the button operation tone, the alarm, Hourly Time Signal, and Countdown Timer Mode alarm all operate normally.

To enable or disable the button operation tone

Mute indicator

1. In the Timekeeping Mode, hold down Ⓐ until **ADJ** appears in the lower display.
   • When you release Ⓐ (after **ADJ** appears), **SET** will be flashing in the upper display.
2. Use Ⓒ to cycle through settings on the lower display until the current button operation tone setting (**MUTE** or **KEY ♪**) is shown.

• See the sequence in step 2 of the procedure under "To change the current time and date settings" (page E-17) for information about how to scroll through setting screens.
3. Press Ⓓ to toggle the button operation tone setting between enabled (**KEY ♪**) and disabled (**MUTE**).
4. After the setting is the way you want, press Ⓐ to exit the setting screen.

Note
• The mute indicator is displayed in all modes when the button operation tone is disabled.
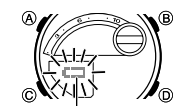

▪ Low Battery Indication

A low battery indicator appears on the display when the power of the batteries is low. Have the batteries replaced as soon as possible.

Note
• For guidelines covering the life of the batteries and supported battery types, see "Specifications" (page E-50).

The conditions below are in effect while the low battery indicator is flashing.

Low battery indicator

• All hands are stopped.
• Except for the low battery indicator, all other display functions are disabled.
• Watch tones are disabled.
• Display illumination is disabled.
• Watch operations are disabled.

Note
• Sequentially or repeatedly performing light, alarm, and other power intensive operations over a short period can cause a sudden drop in battery power, which will make the low battery indicator flash. Even though the low battery indicator may disappear and watch functions may become re-enabled, battery replacement is recommended.

▪ Troubleshooting

Time Setting

▪ **The current time setting is off by a couple of hours.**
Your Home City setting may be wrong (page E-14). Check your Home City setting and correct it, if necessary.

▪ **The current time setting is off by one hour.**
You may need to change your Home City's standard time/daylight saving time (DST) setting. Use the procedure under "To change the current time and date settings" (page E-17).

World Time Mode

▪ **The time for my World Time City is off in the World Time Mode.**
This could be due to incorrect switching between standard time and daylight saving time.
See "To configure World Time City and summer time settings" (page E-26) for more information.
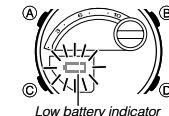
Batteries

▪ **The low battery indicator is flashing on the digital display.**

Low battery indicator

The watch's battery power is low. Have the batteries replaced as soon as possible.

See "Low Battery Indication" (page E-46).

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CASIO®

Specifications

Accuracy at normal temperature: ±15 seconds a month
Digital Timekeeping: Hour, minutes, seconds, p.m. (P), month, day, day of the week
    Time format: 12-hour and 24-hour
    Calendar system: Full Auto-calendar pre-programmed from the year 2000 to 2099
    Other: Home City code (can be assigned one of 48 city codes); standard time / daylight saving time (summer time)
Analog Timekeeping: Hour, minutes (hand moves every 10 seconds), seconds
World Time: 48 cities (31 time zones)
    Other: daylight saving time/standard time
Stopwatch:
    Measuring unit: 1/100 second
    Measuring capacity: 23:59' 59.99"
    Measuring modes: Elapsed time, split time, two finishes

Countdown Timer:
    Countdown unit: 1 second
    Countdown range: 60 minutes
    Setting ranges: Countdown start time (1 to 60 minutes, 1-minute increments)
Alarms: 5 daily alarms (with one snooze alarm); Hourly Time Signal
Illumination: LED (light-emitting diode); Selectable illumination duration (approximately 1.5 seconds or 3 seconds); Auto light
Other: Button operation tone on/off, Low battery alert
Battery: Two silver oxide batteries (Type: SR927W)
    Approximate battery operating time: 2 years under the following conditions:
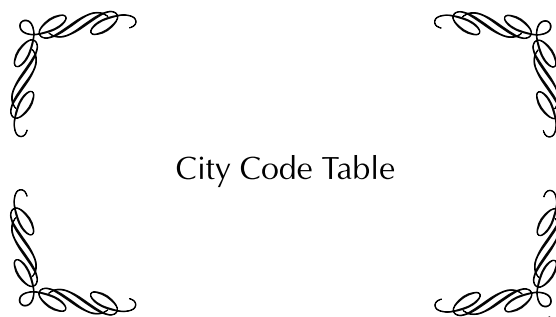   • 1 illumination operation (1.5 seconds) per day
    • Alarm: 10 seconds/day

Frequent use of illumination runs down the battery. Particular care is required when using auto light (page E-43).

Specifications are subject to change without notice.

City Code Table

City Code Table

City Code	City name	UTC Offset/ GMT Differential
PPG	PAGO PAGO	−11
HNL	HONOLULU	−10
ANC	ANCHORAGE	−9
YVR	VANCOUVER	−8
LAX	LOS ANGELES	
YEA	EDMONTON	−7
DEN	DENVER	
MEX	MEXICO CITY	−6
CHI	CHICAGO	
NYC	NEW YORK	−5

City Code	City name	UTC Offset/ GMT Differential
SCL	SANTIAGO	−4
YHZ	HALIFAX	
YYT	ST. JOHN'S	−3.5
RIO	RIO DE JANEIRO	−3
FEN	F. DE NORONHA	−2
RAI	PRAIA	−1
UTC		0
LIS	LISBON	
LON	LONDON	

City Code	City name	UTC Offset/ GMT Differential
MAD	MADRID	+1
PAR	PARIS	
ROM	ROME	
BER	BERLIN	
STO	STOCKHOLM	
ATH	ATHENS	+2
CAI	CAIRO	
JRS	JERUSALEM	
MOW	MOSCOW	+3
JED	JEDDAH	
THR	TEHRAN	+3.5
DXB	DUBAI	+4

City Code	City name	UTC Offset/ GMT Differential
KBL	KABUL	+4.5
KHI	KARACHI	+5
DEL	DELHI	+5.5
KTM	KATHMANDU	+5.75
DAC	DHAKA	+6
RGN	YANGON	+6.5
BKK	BANGKOK	+7
SIN	SINGAPORE	+8
HKG	HONG KONG	
BJS	BEIJING	
TPE	TAIPEI	

City Code	City name	UTC Offset/ GMT Differential
SEL	SEOUL	+9
TYO	TOKYO	
ADL	ADELAIDE	+9.5
GUM	GUAM	+10
SYD	SYDNEY	
NOU	NOUMEA	+11
WLG	WELLINGTON	+12

• This table shows the city codes of this watch. (As of December 2014)
• The rules governing global times (GMT differential and UTC offset) and summer time are determined by each individual country.